



## **MATURE AGE ENTRY EXAMINATION**

### **FACULTY OF HEALTH SCIENCES**

**Nursing paper: 2017**

#### **Question Paper [1]**

SURNAME: .....

FIRST NAME: .....

REGISTRATION NUMBER .....

DATE OF THE EXAMINATION..... 1 SEPTEMBER, 2017

Examiners: Amakali, K., Anyolo, E., David, S., de Almeida, T., Nakweenda, M., Newaka, E., Nghitanwa, E., Shilunga, A.

#### **GENERAL INSTRUCTIONS**

1. ***This Question Paper consists of five (5) pages inclusive of the cover page***
2. ***All questions are compulsory***
3. ***All questions must be answered on this paper on the space provided for at the right hand side.***
4. ***No other/extra answer book is to be handed in.***
5. **Please write clear!**

**DURATION : 2 HOURS**

**MARKS : 60**

**UNIVERSITY OF NAMIBIA Examinations**

**ACADEMIC YEAR: 2017**

**SECTION A: ETHICS AND PROFESSIONALISM (2017)****Answer all the questions**

Select the most correct answer from the given alternative regarding professional regulation of nursing.

Write only the question number and answer number in your answer book, e.g. 1.1 = 6

| Questions |                                                                                                                                                                                                                                         | Answer           |
|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| 1         | The regulatory body for nursing in Namibia is<br>1. The Health Professions Council of Namibia<br>2. The Medical Professions Councils of Namibia<br>3. The Nursing Council of Namibia<br>4. The Registered Nurses Council of Namibia (1) |                  |
| 2         | The current Nursing Act in Namibia is<br>1. Act of 30 of 1993<br>2. Act 50 of 1978<br>3. Act 21 of 2004<br>4. Act 8 of 2004 (1)                                                                                                         |                  |
| 3         | Keeping promises regarding patients' information refers to<br>1. Veracity<br>2. Fidelity<br>3. Commitment<br>4. Honesty (1)                                                                                                             |                  |
| 4         | The right of the patient to decide what information they want to share with others is<br>1. Autonomy<br>2. Rapport<br>3. Justice<br>4. Privacy (1)                                                                                      |                  |
| 5         | Negative labels indicating that persons or groups are disgraceful refers to<br>1. Barriers to care<br>2. Nursing care challenges<br>3. Stigmatization<br>4. Identification of special categories of patients (1)                        |                  |
| 6         | Mention the 3 fundamental responsibilities of a Nurse. (3)                                                                                                                                                                              |                  |
|           |                                                                                                                                                                                                                                         | <b>[8 marks]</b> |

**SECTION B: MATERNAL AND CHILD CARE / MIDWIFERY SCIENCE (2017)****Answer all the questions**

|    | Question                                                                                                    | Answer |
|----|-------------------------------------------------------------------------------------------------------------|--------|
| 1. | Explain the meaning of the word 'midwife' (1)                                                               |        |
| 2  | What are the meaning of the following midwifery concepts:<br>a) Gravid..... ..and; b) Parity..... ..<br>(2) |        |
| 3. | The best time for the pregnant woman to start Antenatal care is..... (1)                                    |        |

|     |                                                                                                                                      |                   |
|-----|--------------------------------------------------------------------------------------------------------------------------------------|-------------------|
| 4.  | When a pregnant woman eats too much oranges, the baby be born with a yellow pigmentation of skin(jaundice) <b>True\False</b> (1)     |                   |
| 5.  | The graphic presentation for the woman in labour to monitor the labour progress is called..... (1)                                   |                   |
| 6.  | Does the woman has the right to choose her birth position options during delivery of her baby? Yes/No (1)                            |                   |
| 7.  | State the three (3) steps involved in caring for the normal newborn immediately after birth. (3)                                     |                   |
| 8.  | State the surgical incision of the perineum made by midwives to facilitate deliverance of the baby (1)                               |                   |
| 9.  | Placenta is born in which stage of labour? (1)                                                                                       |                   |
| 10. | After pain in postnatal period is caused by ..... (1)                                                                                |                   |
| 11. | The postnatal examination for the woman after delivery is conducted at ..... weeks (1)                                               |                   |
| 12. | According to the Ministry of Health and Social Services Policy, a HIV infected woman may exclusively breastfeeding for how long? (1) |                   |
|     |                                                                                                                                      | <b>[15 marks]</b> |

### SECTION C: GENERAL NURSING SCIENCE (2017)

Answer all the questions

| Questions                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Answers                   |   |  |  |
|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---|--|--|
| 1                         | What are the meanings of each of the following abbreviations?<br>(a) CPR<br>(b) CVS<br>(c) CVA                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                           |   |  |  |
| 2                         | The normal ranges of HGT result [blood sugar] is:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                           |   |  |  |
| 3                         | Normal ranges of the patient's oxygen saturation is:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                           |   |  |  |
| 4.                        | Mr. Job with type II diabetes mellitus visits the clinic to collect his medication. His blood sugar level is constantly 15-20mmol/L. While you monitor his vital signs, he collapses. You do not know if he has hypoglucoemia or keto-acidosis with hyperglycemia. You have to provide emergency nursing care to Mr. Job to prevent him from dying.<br><br><b>Question</b> List the following nurse interventions in order of priority, i.e. from the most 1 <sup>st</sup> one to the most last one, by allocating the number in the column corresponding to the statement e.g.<br><table border="1"><tr><td>b) Assess the vital signs</td><td>1</td></tr></table><br>(5) | b) Assess the vital signs | 1 |  |  |
| b) Assess the vital signs | 1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                           |   |  |  |
| 5.                        | The normal ranges of patient's oxygen saturation is:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | (1)                       |   |  |  |
| 6.                        | The normal ranges of HGT (blood sugar) results is:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | (1)                       |   |  |  |
| 7                         | <b>SAFETY PRACTICES IN THE NURSING UNIT</b><br><br>The basic ground rule is that hospital should do patient <b>NO HARM</b> (Florence Nightingale).                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                           |   |  |  |

|  |                                                                                                                                                                                   |                   |  |
|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--|
|  | <b>Question</b><br>State any five factors that you would consider for the physical environment of the nursing unit to ensure patient safety during hospitalization.<br><b>(5)</b> |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   |                   |  |
|  |                                                                                                                                                                                   | <b>[15 marks]</b> |  |

#### SECTION D: COMMUNITY HEALTH NURSING (2017)

Answer all the questions

| State whether the below statements are true or false |                                                                                                                                               |         |
|------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------|
|                                                      | Questions                                                                                                                                     | Answers |
| 1                                                    | All patients diagnosed with tuberculosis are also having HIV/AIDS (1)                                                                         |         |
| 2                                                    | HIV/AIDS is a treatable disease (1)                                                                                                           |         |
| 3                                                    | Ageism: refers to prejudice, stereotyping and discrimination based solely on age and leads to negative traits being ascribed to the aged. (1) |         |
| 4                                                    | Tom is immunized against HIV, therefore he is immune against HIV infection (1)                                                                |         |
| 5                                                    | Ebola disease can be prevented through immunization with Ebola vaccine (1)                                                                    |         |
| 6                                                    | Nurses should advice pregnant women to always buy fruits and vegetables from the shops for nutrition purposes (1)                             |         |
| 7                                                    | School phobia is referred to a situation when a child is refusing to go to school or has fear of attending school (1)                         |         |
| <b>FILL IN THE MISSING WORD(S)</b>                   |                                                                                                                                               |         |
| 8                                                    | In Namibia, immediately after birth, each child born in the health facilities is receiving-----vaccine to prevent tuberculosis (1)            |         |
| 9                                                    | Vitamin A is provided to the children under the age of 15 months to prevent.....(1)                                                           |         |
| 10                                                   | One of the new vaccine introduced recently in Namibia to prevent children from diarrhea disease is .....(1)                                   |         |
| 11                                                   | One of major signs of Tuberculosis of the lung is.....(1)                                                                                     |         |
| 12                                                   | In all community meetings, communication should always be a .....process. (1)                                                                 |         |

|    |                                                                  |                |
|----|------------------------------------------------------------------|----------------|
| 13 | Differentiate between the following concepts:<br>Monitoring: (1) | Monitoring is: |
|    | Evaluation (1)                                                   | Evaluation is: |
| 14 | State the meaning of the abbreviation "MDR TB"<br>(1)            |                |
|    |                                                                  | [15 marks]     |

#### SECTION E: MENTAL HEALTH NURSING (2017)

|                                                              | QUESTIONS                                                                                                                                                                                   | ANSWERS   |
|--------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| 1.                                                           | State any two types of mental illnesses. (2)                                                                                                                                                |           |
| 2.                                                           | A false belief held by a patient with a mental illness that does not grounded by any reality is called..... (1)                                                                             |           |
| <b>State whether the statements below are True or False:</b> |                                                                                                                                                                                             |           |
| 3                                                            | Mental health is absence of mental illness. (1)                                                                                                                                             |           |
| 4.                                                           | Children who witness domestic violence are more likely to exhibit behavioural and physical health problems. (1)                                                                             |           |
| 5.                                                           | The stigma of mental illness is based upon lack of understanding, plus lack of educational contact with a person living with mental illness, multiplied by fear of the unknown (myths). (1) |           |
|                                                              | People with severe mental health problems are often dangerous and violent. (1)                                                                                                              |           |
|                                                              | Once people develop a mental illness, they Will never recover. (1)                                                                                                                          |           |
|                                                              |                                                                                                                                                                                             | [7 marks] |

**Total marks: [60]**

*End of paper*